TITLE: Foldable recliner, Mild steel & durable fabric (Brown)| Polyester Seat | Capacity up to 120kg|

Introduction: Ever felt why some people sit for long hours and never complain about any physical pain or back pain while others groan about their sitting job and physical discomfort? It is because of the type of the chair they have or they spend most time sitting at one place. One of the most prevalent medical conditions is back pain which affects most of people at some point in their lives. Back discomfort typically develops at an early age. However, we do not pay attention to it until our 40s, what’s left is blaming on our age.

Our backs' combination of discs, bones, muscles, ligaments, tendons, and ligaments allows us to move and support our bodies. In order to relieve pressure on the body and provide your back with a comfortable position, a recliner is a perfect fit for you. It is an armchair sofa that reclines. In addition to being cosy, recliners are also incredibly adaptable. They are a wonderful instrument that may significantly improve your life and make it easier in several ways. As a recliner evenly distributes your weight, it also increases blood flow. Additionally, this eases any pain and prevents swollen as well as stiff joints.

**Product Details**

This is a foldable recliner chair with comfortable polyester seat, with the capacity of 9.13 kilograms it can hold up to 120 kilograms.

Model No. EHKFERC03M0C

Material & Colour: Mild Steel & durable fabric (Brown)

Number of Items: 1

Open size: 72L x 59W x 106H cm

Close Size: 15L x 59W x 98H cm

Package Include: Recliner Chair, 1x Cushion & User Manual

**Some Benefits of having a Recliner Chair**

There are so many benefits of having a comfortable recliner chair in our homes:

* It can help to relieve the body stress, best for power naps after long hours especially for those who are working from home.
* Being able to do the task on your own will make you feel much more capable and independent, in addition to making getting in and out of your chair easier.
* A recliner helps ease the strain in those exhausted muscles. Strong back support that can ease back pain is something it can provide to expectant ladies. Their joints can be relieved of pressure in the reclining position, which can make pregnancy pain-free for them.
* A recliner aids in maintaining proper posture and alignment of the body. Our back is down and our legs are raised, which assists to improve our body's circulation.
* According to studies, raising our legs for 20 to 30 minutes can boost blood flow and raise our body's oxygen levels. As a result, a recliner can be very helpful in this situation because it can give you these health benefits with the touch of a button.
* Also, it enhances your mental health by assisting in refocusing your thoughts and serving as a superb stress and anxiety reliever.

For any issue with the product, you can contact the **Customer support: 18002037688 & Send Your query**